

Region VI Championships

Powerlifting (3 lift meet)

M/F-Div	Description	PI Code
M-O	Men's Open	1
F-O	Female Open	2
M-T	Men's Teen	1
M-M	Men's Master	1
M-RH	Men's Raw HW	2
M-RL	Men's Raw LW	2
M-BO	Men's Bench Only	2

Weight set on the platform is: Lb					
	Lb			Lb	
	0	55		0	25
How	Pound	LOAD	How	Kilo	LOAD
Many?	Plates	on Bar	Many?	Plates	on Bar
0	110	0	0	50	0
4	100	0	0	45	0
0	50	0	14	25	0
8	45	0	4	20	0
2	35	0	2	15	0
2	25	0	2	10	0
4	10	0	2	5	0
2	5	0	2	2.5	0
2	2.5	0	2	1.25	0
0	1	0	4	0.5	0
0	0.5	0	2	0.25	0
	collar	1		collar	1
990	Lbs Available on the Platform		525.0	Kilos Available on the Platform	

Teams	
Abrev	Team Name
MSPL	MS Powerlifting Club
BRAVE	Braveheart Strength

Print Loading Chart? **Color**

Reset for new meet

Copy data to Lifting

Fit	Name	Team	Div	Bwt (lb)	lot#	Age	SQ rack	SQ-1 (Lb)	BP rack	BP-1 (Lb)	DL-1 (Lb)	Events Entered								
A	Robert Smith		M-O	284.4		53	11	535	5-5	395	495	PL								
A	Dori Peden		F-O	131		41	5	225	5-3	135	275	PL								
A	Dylan Peden		M-O	118.6		18	5	315	5-3	175	335	PL								
A	Eli Chunn		M-T	157		18	10	275	5-4	195	315	PL								
A	Steven Juraszek		M-M	160.8		40	8	340	5-4	285	340	PL								
A	Steven Juraszek		M-BO	160.8		40			5-4	285		BP								
A	Joe Keith		M-BO	158.6		28			5-5	385		BP								
A	Rich Blaumuller		M-RL	147		58	7	205	4-4	160	245	PL								
A	Nick Fertitta	BRAVE	M-T	116.4		16	7	225	7-3	110	280	PL								
A	Colin McRae	BRAVE	M-T	159.2		16	9	350	5-4	190	360	PL								
A	Andrew Ameen	BRAVE	M-RH	228.2		20	10	335	5-5	175	385	PL								
A	Wesley Prevot		M-T	153.8		17	11	335	5-4	190	385	PL								
A	Carlos Bowser		M-O	161.2		19	6	530	6-4	280	575	PL								
A	Curtis Spencer	MSPL	M-O	145.8		17	7	405	4-5	205	405	PL								
A	Patrick Sutton	MSPL	M-O	209.2		20	7	680	5-5	420	530	PL								
A	Dink Lumley	MSPL	M-O	260.4		18	13	565	5-6	365	485	PL								
A	Joshua Jamison	MSPL	M-T	164.2		17	9	405	5-5	215	400	PL								
A	Scotty Hall		M-RL	178.8		30	8	360	5-5	225	350	PL								
A	Jim Battenfield	MSPL	M-BO	400		27			5-5	225		BO								
A	Richard Lutt		M-BO			40			5-5	225		BO								

7/8/2012		Region V Championships																											
Powerlifting Results Name	Team	Div	Bwt (lb)	WCIs (lb)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP rack	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Age-Wilks	PI Code	PI-Div- WtCls-Evt	
Nick Fertitta		M-RPP	116.4	123	1	0.9658	16	1.13						7-3	110	115	120	120	0	280	300	-330	300	420	184.668	208.662	1	1	1-M-O-RPP
Dylan Peden		M-O	118.6	123	2	0.9475	18	1.06	5	315	340	365	365	5-3	175	190	-200	190	555	335	365	410	410	965	414.741	439.625	1	1	1-M-O-123-PL
Steven Juraszek		M-M	160.8	165	5	0.7268	40	1	8	-340	340	350	350	5-4	285	300	-310	300	650	340	350	-360	350	1000	329.674	329.674	1	1	1-M-M-165-PL
Joshua Jamison	MSPL	M-T	164.2	165	4	0.716	17	1.08	9	405	430	490	490	5-5	215	250	285	285	775	400	430	475	475	1250	405.969	438.447	1	1	1-M-T-165-PL
Wesley Prevot	BRAVE	M-T	153.8	165	3	0.7513	17	1.08	11	335	370	-400	370	5-4	190	210	220	220	590	385	405	415	415	1005	342.491	369.891	1	2	2-M-T-165-PL
Colin McRae	BRAVE	M-T	159.2	165	8	0.7321	16	1.13	9	350	385	-410	385	5-4	190	215	-220	215	600	360	-395	-395	360	960	318.795	360.239	1	1	3-M-T-165-PL
Eli Chunn		M-T	157	165	6	0.7397	18	1.06	10	275	315	-335	315	5-4	195	-210	-210	195	510	315	365	410	410	920	308.684	327.205	1	1	4-M-T-165-PL
Curtis Spencer	MSPL	M-O	145.8	148	9	0.7839	17	1.08	7	405	445	485	485	4-5	205	215	-230	215	700	405	455	500	500	1200	426.690	460.825	1	1	1-M-O-148-PL
Carlos Bowser		M-O	161.2	165	7	0.7255	19	1.04	6	530	570	605	605	6-4	280	305	320	320	925	575	-625	-625	575	1500	493.627	513.372	1	1	1-M-O-165-PL
Patrick Sutton	MSPL	M-O	209.2	220	11	0.6223	20	1.03	7	680	725	750	750	5-5	420	445	465	465	1215	530	560	-600	560	1775	501.035	516.066	1	1	1-M-O-220-PL
Dink Lumley	MSPL	M-O	260.4	275	12	0.5771	18	1.06	9	565	605	-620	605	5-6	-365	365	415	415	1020	475	535	-555	535	1555	407.054	431.477	1	1	1-M-O-275-PL
Robert Smith		M-O	284.4	275+	15	0.5664	53	1.184	11	535			535	5-5	395	-410	-410	395	930	535	-555	535	1465	376.384	445.639	1	1	1-M-O-275+-PL	
Rich Blaumuller		M-RL	147	148	13	0.7787	58	1.292	7	205	215	-225	215	4-4	160	-170	-170	160	375	245	260	270	645	227.824	284.349	2	1	1-M-RL-PL	
Andrew Ameen	BRAVE	M-RH	228.2	242	17	0.6006	20	1.03	10	395	370	-405	370	5-5	175	200	-215	200	570	385	415	-440	415	985	268.344	276.394	2	1	1-M-RH-PL
Dori Peden		F-O	131	132	16	1.1233	41	1.01	5	225	255	-275	255	5-3	-135	135	-150	135	390	275	-300	-300	275	665	338.834	342.223	2	1	1-F-O-PL
Bench Press Results Name	Team	Div	Bwt (lb)	WCIs (lb)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP rack	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) Best BP	(2) Wilks Pts	(3) Age-Wilks	PI Code	PI-Div- WtCls-Evt	
Joe Keith		M-BO	158.6	165	18	0.7342	28	1						5-5	385	-410	-410	385						385	128.217	0.000	2	1	1-M-BO-BP
Steven Juraszek		M-BO	160.8	165	5	0.7268	40	1						5-4	285	300	-310	300						300	98.902	98.902	2	2	2-M-BO-BP
Jim Battenfield		M-BO	400	SHW	19	0.5375	27	1							225	245	275	275						275	67.188	0.000	2	3	3-M-BO-BP
Richard Smith		M-PF	235	242	14	0.5398	40	1							225	250	315	315						315	87.158	87.158	2	1	1-M-POLBP

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Flt B	Name	Team	Div	Bwt (lb)	WtCls (lb)	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	Sub Total	DL-1	DL-2	DL-3	(1) PL Total	(2) Wilks Pts	(3) Age- Wilks	PI Code	PI-Div- WtCls-Evt	Events Entered
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contest logo here

Division
Men's Open

WtCls (lb)
242

Event
PL Total

Place Name Pounds

WtCls	lb	kg	Event	PL	Pl-Div- WtCls-Evt	row
97	97	44	PL Total	PL	1-M-O-242-PL	#N/A
105	105	48	Squat	SQ	2-M-O-242-PL	#N/A
114	114	52	Benchpress	BP	3-M-O-242-PL	#N/A
123	123	56	Deadlift	DL	4-M-O-242-PL	#N/A
132	132	60	PP Total	PP	5-M-O-242-PL	#N/A
148	148	67.5				
165	165	75				
181	181	82.5				
198	198	90				
198+	198+	90+				
220	220	100				
242	242	110				
275	275	125				
275+	275+	125+				

division looku
range Setup/C12 C18
Abbrev M-O
pl code 1

row	code	Best lifter pts	div	M/F	Event
12		120.0156468		M	PL
37					

Place	Team
1	#N/A
2	#N/A

Lb	100	45	35	25	10	5	2.5
55	0	0	0	0	0	0	0
60	0	0	0	0	0	0	1
65	0	0	0	0	0	1	0
70	0	0	0	0	0	1	1
75	0	0	0	0	1	0	0
80	0	0	0	0	1	0	1
85	0	0	0	0	1	1	0
90	0	0	0	0	1	1	1
95	0	0	0	0	2	0	0
100	0	0	0	0	2	0	1
105	0	0	0	1	0	0	0
110	0	0	0	1	0	0	1
115	0	0	0	1	0	1	0
120	0	0	0	1	0	1	1
125	0	0	1	0	0	0	0
130	0	0	1	0	0	0	1
135	0	0	1	0	0	1	0
140	0	0	1	0	0	1	1
145	0	1	0	0	0	0	0
150	0	1	0	0	0	0	1
155	0	1	0	0	0	1	0
160	0	1	0	0	0	1	1
165	0	1	0	0	1	0	0
170	0	1	0	0	1	0	1
175	0	1	0	0	1	1	0
180	0	1	0	0	1	1	1
185	0	1	0	0	2	0	0
190	0	1	0	0	2	0	1
195	0	1	0	1	0	0	0
200	0	1	0	1	0	0	1
205	0	1	0	1	0	1	0
210	0	1	0	1	0	1	1
215	0	1	1	0	0	0	0
220	0	1	1	0	0	0	1
225	0	1	1	0	0	1	0

Lb	100	45	35	25	10	5	2.5
230	0	1	1	0	0	1	1
235	0	2	0	0	0	0	0
240	0	2	0	0	0	0	1
245	0	2	0	0	0	1	0
250	0	2	0	0	0	1	1
255	1	0	0	0	0	0	0
260	1	0	0	0	0	0	1
265	1	0	0	0	0	1	0
270	1	0	0	0	0	1	1
275	1	0	0	0	1	0	0
280	1	0	0	0	1	0	1
285	1	0	0	0	1	1	0
290	1	0	0	0	1	1	1
295	1	0	0	0	2	0	0
300	1	0	0	0	2	0	1
305	1	0	0	1	0	0	0
310	1	0	0	1	0	0	1
315	1	0	0	1	0	1	0
320	1	0	0	1	0	1	1
325	1	0	1	0	0	0	0
330	1	0	1	0	0	0	1
335	1	0	1	0	0	1	0
340	1	0	1	0	0	1	1
345	1	1	0	0	0	0	0
350	1	1	0	0	0	0	1
355	1	1	0	0	0	1	0
360	1	1	0	0	0	1	1
365	1	1	0	0	1	0	0
370	1	1	0	0	1	0	1
375	1	1	0	0	1	1	0
380	1	1	0	0	1	1	1
385	1	1	0	0	2	0	0
390	1	1	0	0	2	0	1
395	1	1	0	1	0	0	0
400	1	1	0	1	0	0	1

Lb	100	45	35	25	10	5	2.5
405	1	1	0	1	0	1	0
410	1	1	0	1	0	1	1
415	1	1	1	0	0	0	0
420	1	1	1	0	0	0	1
425	1	1	1	0	0	1	0
430	1	1	1	0	0	1	1
435	1	2	0	0	0	0	0
440	1	2	0	0	0	0	1
445	1	2	0	0	0	1	0
450	1	2	0	0	0	1	1
455	2	0	0	0	0	0	0
460	2	0	0	0	0	0	1
465	2	0	0	0	0	1	0
470	2	0	0	0	0	1	1
475	2	0	0	0	1	0	0
480	2	0	0	0	1	0	1
485	2	0	0	0	1	1	0
490	2	0	0	0	1	1	1
495	2	0	0	0	2	0	0
500	2	0	0	0	2	0	1
505	2	0	0	1	0	0	0
510	2	0	0	1	0	0	1
515	2	0	0	1	0	1	0
520	2	0	0	1	0	1	1
525	2	0	1	0	0	0	0
530	2	0	1	0	0	0	1
535	2	0	1	0	0	1	0
540	2	0	1	0	0	1	1
545	2	1	0	0	0	0	0
550	2	1	0	0	0	0	1
555	2	1	0	0	0	1	0
560	2	1	0	0	0	1	1
565	2	1	0	0	1	0	0
570	2	1	0	0	1	0	1
575	2	1	0	0	1	1	0

Lb	100	45	35	25	10	5	2.5
580	2	1	0	0	1	1	1
585	2	1	0	0	2	0	0
590	2	1	0	0	2	0	1
595	2	1	0	1	0	0	0
600	2	1	0	1	0	0	1
605	2	1	0	1	0	1	0
610	2	1	0	1	0	1	1
615	2	1	1	0	0	0	0
620	2	1	1	0	0	0	1
625	2	1	1	0	0	1	0
630	2	1	1	0	0	1	1
635	2	2	0	0	0	0	0
640	2	2	0	0	0	0	1
645	2	2	0	0	0	1	0
650	2	2	0	0	0	1	1
655	2	2	0	0	1	0	0
660	2	2	0	0	1	0	1
665	2	2	0	0	1	1	0
670	2	2	0	0	1	1	1
675	2	2	0	0	2	0	0
680	2	2	0	0	2	0	1
685	2	2	0	1	0	0	0
690	2	2	0	1	0	0	1
695	2	2	0	1	0	1	0
700	2	2	0	1	0	1	1
705	2	2	1	0	0	0	0
710	2	2	1	0	0	0	1
715	2	2	1	0	0	1	0
720	2	2	1	0	0	1	1
725	2	3	0	0	0	0	0