



USA Powerlifting Southern Regional Championships (RG-2017-06)

Meet Venue: Ramada Inn Gulfport Conference Center
9415 Highway 49 Gulfport, MS 39503

Requirements:

Open to all USA Powerlifting members that have posted a total in an event between January 1, 2016 and the entry deadline, who reside in the states of Mississippi, Louisiana, Texas, Arkansas, or Oklahoma. All others are welcome but may only lift as guest lifters and are not eligible for state or american records or any award per the regional committee. You must have a current USA Powerlifting Membership as well, no memberships will be sold at this event.

Lifting:

Divisions are offered at this championship, multiple divisions and events can be entered by paying for an additional division. Open, Masters (all levels), Teen (all levels) and Junior, as well as Raw and Equipped. Weight class winners whom do not achieve the qualifying total for their respective weight class and age group will qualify for 2017 USA Powerlifting Raw Nationals in Orlando or 2018 Men's & Women's Nationals in Spokane!

Weight Classes (kg):

Men: 53(teen/junior only), 59, 66, 74, 83, 93, 105, 120, 120+
Women: 43 (teen/junior only), 47, 52, 57, 63, 72, 84, 84+

Competition and weigh-in Schedule:

Final schedule will be released no later than 30 days out from competition. The current plan is for a 2 day 2 platform championship with 2 sessions on Saturday and 1 session Sunday followed by a closing banquet.

Entry fee \$95 First Division, \$30 Additional Division Events: Full Power, Push Pull, Bench Only, Deadlift Only

Special Note: Please accept or decline as soon as possible so we may move down the list to keep this portion full. Entry deadline is July 6, 2017 to avoid \$50 late fee, absolute deadline is July 15, 2017. No paper entries will be processed after July 10th, entries between July 10th and July 15th will only be processed online at www.regonline.com/usapowerliftinggulfport



Awards:

Lifters will receive awards for top 3 in all divisions, Best Lifter Male and Female will be presented for divisions with a minimum of 5 lifters in said division, and will be presented at the closing banquet.

Technical Rules:

The competition is USAPL sanctioned and ALL IPF rules will be followed.

Drug – Testing:

The contest will be drug – tested in accordance with USAPL/IPF/WADA guidelines. Any questions with regards to the drug – testing procedures should be directed to the USAPL drug – testing committee. They can be reached at the following telephone number: 219.456.8485.

Check www.usapowerliftingms.org for contest information as the event draws closer.

Travel:

The Ramada Gulfport Conference Center is 1.5 miles (3 min) from the GPT (Gulfport Biloxi Regional Airport), a shuttle will be provided upon request, as the hotel does not offer one. Additionally, others may choose to fly into New Orleans as well (MSY-Louis Armstrong Airport) as it is only 85 miles away, approximately 1 hour and 15 mins away, however no shuttle will be provided from this airport. The venue and hotel are located on Highway 49, which connects to both interstate 20 and interstate 10 for a straight shot.

Lodging:

It is recommended to stay at the contest venue, Ramada Gulfport, we have a group rate of \$89 available for two days before and one day after this championship. Once the Ramada is full the overflow hotel will be announced via the usapowerliftingms.org and social media.

Check or money orders payable and mailed to the following:
William Battenfield 3535 Highway 80 E #120 Pearl MS 39208
Please contact Jim Battenfield with any questions
Telephone: 601-665-7783
Email: jimbattenfield@gmail.com



Please type or print clearly

Name: _____ Email: _____
(please print e-mail clearly)

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: () _____ Qualifying Event: _____

USAPL Membership Card #: _____ Expiration Date: _____ Team: _____

Category: Open Teen Master Junior Event: Full Bench Push-Pull Deadlift

DOB: _____ Please Circle: M F

RELEASE FROM LIABILITY AND CONSENT TO DRUG TEST:
Read this carefully (When you sign it you will be giving up important legal rights)

In consideration of the acceptance of my Entry Form in this Powerlifting Competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all liability, including and result of negligence, which may arise from this competition. Moreover, I agree that any testing method, which the meet directors and the sponsors of this meet use to detect the presence of strength inducing drugs, SHALL BE CONCLUSIVE. This is, whether I think the results of the test are right or wrong. I agree that I have n right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy, which I might otherwise have won. I understand and agree that if I fail to pass the drug test, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, which I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of Lifter: _____ Date: _____

Signature of Parent
or Legal Guardian

If Contestant is under 18: _____ Date: _____

CERTIFICATION

I hereby give my word of honor as an athlete that I have not used any strength – inducing drugs (i.e., any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty-six (36) months, nor have I used prescription diuretics or psychomotor stimulants during the seven (7) days prior to the **2017 USA Powerlifting Southern Regional Championships**.

(Signature in full of Applicant)

(Date)



PARTICIPANT'S EMERGENCY CONTACT INFORMATION

Name: _____ Relation: _____

Address: _____ Phone: _____

Entry Fee(s) _____ \$95 Entry Fee, \$30 Additional Division Applications are to be post-marked by **July 6, 2017** **Late fee of \$50.00 after this date, NO paper entries accepted if received after July 10th. July 10-15th will be online only.** *Important Note: If your application/entry is late, you must notify the meet director either via e-mail, or by phone to get it approved. No refund shall be provided to any athlete that withdraws from the contest. absolute deadline is July 15, 2017*